

REGULATIONS

**FOR ORGANISATION AND STAGING OF THE ESF
OFFICIAL COMPETITIONS**
(rules for sport and organisation)

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I. GENERAL PROVISIONS

1. GLOSSARY (BASIC DEFINITIONS THAT ARE APPLICABLE IN THE REGULATIONS)

- **Regulations** — scope of rules that regulate the order of the competitions.

The Regulations of the European SAMBO Federation (ESF) together with the Statute and the FIAS International SAMBO rules are mandatory documents for staging Championships and all the competitions staged under the auspices of the ESF.

- **Calendar** – document, where all the competitions for a certain period are listed with venues hereof and further details.

- **ESF Calendar** – list of the top European class SAMBO sport competitions officially approved by the ESF Executive Committee or the ESF Congress with indication of dates, venues and disciplines hereof.

- **Official Competition** - play for SAMBO championship within the ESF competitions calendar aiming to reveal the winner and distribute the subsequent positions.

- **Bout** – a wrestle of two SAMBO athletes, performed under the SAMBO competition rules.

- **Outfit** – sportsman's clothing and gear necessary for training and contest practice.

- **Judging rules** – method of holding a contest adopted for a certain kind of sport in a relevant federation.

- **FIAS International SAMBO Rules** – official rules, approved by the International SAMBO federation (FIAS), pursuant to which the best contest participant is defined among other SAMBO athletes or teams during a sport competition.

- **Competition venue** – complex of premises and courts necessary for holding contests (competition ring, warm-up gymnasiums, changing rooms, press-center, broadcast center, parking areas, exhibition areas, etc.).

- **Secretariat** – body within the Referee Board with following functions: preparation of competition paperwork, processing hereof and analysis in order to define the winners, formalisation of final protocols, etc.

- **Weighing of participants** – establishing the compliance of the athlete's weight to its claimed weight category.

- **Medical control** – set of measures aimed at health and life support of the contest participants. It includes medical examination of athletes, medical and pedagogical supervision, sanitary and hygienic control after the places and conditions of training or competitions, health-educational and cultural activities.

- **Arena and matting requirements** – list of conditions necessary for a proper holding of SAMBO tournaments. Such conditions are regulated by special requirements for such premises (construction dimensions, through-put capability of the arenas, sizes and spotting of the necessary amount of sport equipment and gear, etc.).

- **Opening, closing and awarding ceremonies** – a set of specially arranged official procedures for SAMBO competitions.

- **Participants' accreditation** – procedure of formalisation of an official document for specific event that confirms the participant's personality, his functional category and access area (athlete, coach, organiser, judge, team doctor, security service, ESF staff, VIP, etc.).

- **Competition running systems** – method of running the SAMBO competitions.
- **National hosting federation** – SAMBO federation of the country holding the championship.
- **Organising committee of the competition** – body responsible for the competition planning and holding including providing the infrastructure and executive work.
- **TV broadcasting rights** – scope of all rights for TV broadcasting of the ESF competitions. The TV broadcasting rights are property of the ESF.
- **Broadcasting organisation** – company, which creates an international television signal at the competitions.
- **ESF responsibilities** - ESF responsibilities before the national hosting federation.
- **ESF awards** – list of official awarding attributes handed to the winners and prize-winners of the ESF competitions. It includes medals, diplomas and cups with the ESF official insignia.
- **ESF media guidance** – document regulating the cooperation with mass media during the ESF competitions.
- **ESF television guidance** – document regulating the cooperation with television during the ESF competitions.
- **ESF advertisement guidance** – a document regulating the advertisement work during the ESF competitions.
- **ESF marketing guide** – document regulating the marketing work during the ESF competitions.
- **Competition contract** – a treaty made between the host city, national federation-host and the ESF.
- **Competition application** – document containing the list of participants with indication of their age, sex, sport qualification, weight category and medical permit. It is presented to the competition Organizing Committee.

2. PREAMBLE

2.1 The Regulation serves as an organizational guidance for all SAMBO competitions under the auspices of the ESF. No deviations from this document are allowed.

2.2 In the Regulations, the masculine gender is used in respect to any person (such names as representative, participant, competitor, athlete, judge, arbiter, service staff, pronouns such as he, they, them), which unless otherwise expressly stated, shall be deemed as including the feminine gender.

2.3 The sports and technical commission supervises the organisation of ESF competitions.

2.4 The organisation of the European championships is under the control of the ESF Management, and the National SAMBO Federation hosting the competition.

2.5 The National SAMBO Federation shall present the composition of the Competition to the Organising committee of the ESF official competition. The National Federation is responsible towards the ESF Executive committee for the provision of a proper level of ESF championship holding. The ESF is the final appeals instance.

2.6 The National SAMBO federation hosting the official competitions shall develop proposals regarding organisation hereof based on the ESF Regulations and with due consideration of local conditions. The ESF Executive Committee supports the hosts by presenting guidance documents, technical assistance and providing a relevant control.

2.7 ESF controls the holding of the ESF official championship and the work of the Referee Commission.

3. BASIC PRINCIPLES

3.1 **FIAS International SAMBO Rules** are applicable for all ESF competitions.

3.2 Basic principle for the ESF competitions

The ESF is holding separate competitions for the male and female persons. Competitions between persons of different gender are not allowed.

3.3 National SAMBO federation control

The ESF exercises control over the national SAMBO federation where the ESF championship is supposed to be held. This control suggests valuation of compliance of the federation activity with all regulatory documents: the ESF Statute, the financial terms, the ESF Regulations and the FIAS International SAMBO Rules. During such SAMBO competitions, the judging and the technical matters are to be supervised by the ESF sports and technical commission.

4. CALENDAR

4.1 **The ESF sports calendar is formed** in strict accordance with the official competitions rating (tab 1). With consideration of the FIAS sports calendar the ESF sports calendar is elaborated.

4.2 **European championship: seniors** (men, women and combat SAMBO) is staged every year in compliance with the calendar (at one and the same month).

4.3 **European championship: juniors** (men and women under 20 years) is staged every year in compliance with the calendar (at one and the same month).

4.4 **European championship: youths** (boys and girls under 17-18 years) is staged every year in compliance with the calendar (at one and the same month).

4.5 **European championship: cadets** (boys and girls under 15-16 years) is staged every year in compliance with the calendar (at one and the same month).

4.6 All the competitions staged within the ESF competitions calendar are **official** and classified in accordance with their rank in **the European rating** (tab 1):

Table 1

European rating of SAMBO competitions

Rank	Name of competitions
1	European games (complex competitions)
2	European championship: seniors (men, women, combat)
3-4	European championship: juniors (for men and women of 19-20 years)
3-4	European championship: youths (for boys and girls of 17-18 years)
5	European championship: cadets (for boys and girls of 15-16 years)
6	European Cup (team, stages, individual)
7	European tournaments
8	European championship: masters (veterans)
9	European championship: institutions (students, police, army, firefighters, etc.)

5. AGE GROUPS

All the ESF contestants shall be divided into the following age groups (tab. 2):

Table 2

Age groups of the ESF contestants

Group	Age
Schoolchildren (boys and girls of younger age)	11-12 years
Schoolchildren (boys and girls of elder age)	13-14 years
Cadets (boys and girls)	15-16 years

Youths (boys and girls)	17-18 years
Juniors (men and women)	19-20 years
Seniors (men and women)	18 and older
Masters (men and women)	35-39, 40-44, 45-49, 50-54, 55-59, 60-65,65 and older 70

Note:

In Accordance with the SAMBO competitions rules the competitors' admission is accomplished in accordance with the competition Regulations. The national SAMBO federations should obtain parental authorisation for all under age athletes.

6. WEIGHT CATEGORIES

6.1 The SAMBO contestants are divided into weight categories depending on their age and gender (tab 3):

6.2

Table 3

ESF contestants weight categories

Schoolchildren of younger age (11-12 years)		Schoolchildren of elder age (13-14 years)		Cadets (15-16 years)		Youths (17-18 years)		Juniors (19-20 years)			Seniors (18 and older)			Masters (35 and older)	
boys	girls	boys	girls	boys	girls	boys	girls	men	women	c/s men	men	women	c/s men	men	women
31	26	35	34	42	38	48	40	48	44	-	-	-	-	-	-
34	29	38	37	46	41	52	44	52	48	52	52	48	52	-	-
38	34	42	40	50	44	56	48	57	52	57	57	52	57	-	-
42	37	46	43	55	48	60	52	62	56	62	62	56	62	62	56
46	40	50	47	60	52	65	56	68	60	68	68	60	68	68	60
50	43	54	51	66	56	70	60	74	64	74	74	64	74	74	64
55	47	59	55	72	60	75	65	82	68	82	82	68	82	82	68
60	51	65	59	78	65	81	70	90	72	90	90	72	90	90	72
65	55	71	65	84	70	87	75	100	80	100	100	80	100	100	80
+65	+55	+71	+65	+84	+70	+87	+75	+100	+80	+100	+100	+80	+100	+100	+80

*c/s – Combat SAMBO.

6.2 In the junior and senior groups (men and women) the competitions for the Absolute Champion may be held without competitors' distribution into weight categories. Minimum weight in such competitions shall be stated in the Regulations (**Appendix 1**).

7. METHODS OF CONDUCTING COMPETITIONS

7.1 All the ESF competition systems are presented in the SAMBO Competition Rules and are stipulated in the Regulations of the competition.

8. ESF MEMBERSHIP FEES

8.1 A single annual membership fee from a National SAMBO Federation to the ESF is 200 (two hundred) EURO and shall be paid duly to ESF before the beginning of the World SAMBO Championship in the year, which is previous to the payable year. After January 10th a fine of 100 EURO will be fixed if the annual membership fee is not duly paid in the previous year.

8.2 Each participant of ESF SAMBO championship shall have a properly executed FIAS license book.

8.3 The price of the license book is 10 (ten) USD. The license book shall include registration of annual license pay charged for participation in international SAMBO competitions authorised by FIAS. The price of the annual license for participation in FIAS official competitions for all categories is 25 (twenty-five) USD.

8.4 The athlete's annual license fee is to be paid by the corresponding national federation within 1 month prior to the competitions. Payments are made by bank transfer to the FIAS account or any other pay methods approved by the FIAS Treasurer. An invoice could be generated through the official FIAS website www.sambo-fias.org.

8.5 Athletes who came to take part in the ESF competitions and fail to pay the annual license in due time or carry no license book may pay their annual license upon arrival at competitions and (or) the cost of the license book.

8.6 Any National Sambo Federation, ESF member, has the right to attend and take the floor on all the Congress sessions, run for the respective posts and vote on all the issues of the agenda on condition that the annual membership fee is paid and the athletes of the National Sambo Federation participated in the European Sambo Championship among adults and (or) the European Sambo Championship among Youth and Juniors of the current year.

II CONTEST FOR A RIGHT TO HOST THE ESF COMPETITIONS

9. APPLICATIONS FOR HOSTING THE COMPETITIONS

9.1. A National Federation that is a member of the ESF may apply with a competitive bid for hosting an official SAMBO championship.

9.2. The application shall be submitted to the ESF President within 2 years prior the planned official competition.

9.3. ESF Executive Committee considers and approves the applications for hosting official SAMBO competitions.

9.4. The application of candidate organisation for hosting an official SAMBO competition shall include the following documents and information:

9.4.1. An official letter for the attention of the ESF President, specifying:

- a) name of the event;
- b) precise dates of the event to be hosted;
- c) information of the venue (city);
- d) detailed information of the sports venues (gyms) and other corresponding facilities;
- e) detailed information of the places of accommodation (terms and conditions of stay, pricing);
- f) information on financial guarantees of National Federations;
- g) information on financial guarantees of sponsors.
- h) information on marketing and advertising competitions possibilities.
- i) information on TV advertising of the competitions.
- j) information on providing appropriate conditions for MASS MEDIA representatives.

9.4.2. Attachments to the application include:

- a) Presentations of the venue (country/city), link to the city web-site if available (including information about weather conditions for the period of competitions, local currency, work hours of local banks, hotel information – name, location, distance to the airport and competition venues, infrastructure, additional services, hotel pricing (full board and room only) per day, availability of telephone connection and the Internet – a link to the hotel web site if available; airport name and location);
- b) Presentation of sport venue to hold the competitions, including technical characteristics;

9.4.3 Registration fee.

National Federation-bidder to host the ESF official competition, along with submitting the application, must transfer a 500 (five hundred) EURO registration fee to the ESF bank account

The funds received as a result of transferring the registration fee are not returnable and are used for performing inspectional travels of a technical delegate to the venues of future events.

9.4.4 Holding guarantees

The ESF performs the event readiness inspection not later than 1 (one) year prior to the ESF competition. After the inspection the national federation winning the contest for hosting the ESF SAMBO competition and the ESF make a Contract where penal sanctions for non-performance of obligations are provided. The Contract is made 1 (one) year prior to the competition.

10. RESPONSIBILITIES OF THE HOST ORGANISATION

10.1 The National federation that got the right to host the European SAMBO championship or cup on the competitive basis must:

- a) form the Organising Committee for preparation and conduct of the competitions;
- b) elaborate a detailed program of arrangements to hold the sports event;
- c) submit a financial plan with the analysis of all the expenditures necessary for holding the competitions in question.

10.2 The program of the competitions and financial plan has to be submitted to the ESF Executive Committee for the approval not later than 1 (one) year before the start of the competitions.

All subsequent changes, proposed by the hosting organisation after the approval must be agreed with the ESF Executive Committee.

10.3 The President of the host organisation acting as the event organiser is taking personal responsibility for the preparation and running of the ESF official championship to the ESF Executive Committee.

10.4 The ESF Sports commission has the right to send the representative to the Organising Committee to provide practical assistance.

10.5 Personnel and equipment

The National Federation organising the Championship preparation provides the necessary personnel and equipment as stipulated in the ESF Regulations requirements.

10.6 Congress and meetings

At staging a European championship the National Federation also provides necessary facilities for holding a ESF Congress, Executive Committee, ESF commissions at their prior request. At holding the ESF Congress the organisers will provide synchronous interpreting into the ESF official languages (mandatory in Russian, English, and French).

10.7 Financial obligations

The Organising Committee of the National Federation (the organiser) fulfils the financial obligations mentioned in the Contract, made between the ESF and National Federation.

10.8 Transportation

The organisers are to provide means of transportation for arrival and departure of the representatives and participants between the railway station (or the airport) and their place of accommodation (transfer is organised only once for a delegation) as well as between the event venue, the warm-up gyms and places of accommodation. The transportation is only provided for those participants who stay in the official hotels, suggested by the organising committee.

For use of the transfer the participants shall pay a lump-sum payment of 15 (fifteen) EURO per each member of the delegation.

Certain vehicles shall be provided for all period of the championship at the expenses of the organising committee:

- 1 car for the ESF President;
- 1 car for the ESF Secretary General and ESF Vice-presidents;
- 1 car for the ESF Chairman of the Referee Commission, Chief Referee and Chief Secretary of the competition;
- 1 mini-bus for the members of the ESF Executive Committee;
- 1 bus for the referees.

10.9 **Anti-doping control**

The National Federation Organising Committee takes all necessary measures to perform the anti-doping control and assists in organisation of test at the sports competition in accordance to the procedures of the anti-doping control.

10.10 **Entry to the country of the event**

The National Federation hosting the Championship is to assist via the government authorities those representatives of National Federation and athletes wishing to participate in the competition in presenting a respective possibility of entry and departure from its territory. The National Federations participating in the ESF competition shall respect the consular requirements to the visa time parameters.

10.11 **General Program**

The National Federation hosting the event must elaborate on the basis of the ESF Regulations a detailed program holding all the dates, events and venues related to the championship organisation. This program must be agreed with the ESF sports and technical commission 6 (six) days prior to beginning of the ESF official championship. The Program is sent to each participating National Federation and all the ESF Executive Committee no later than 30 (thirty) days before the date of the arrival.

The program must also be given to each National Federation, members of the Executive Committee and the ESF staff members on their arrival.

10.12 **Accommodation**

The Organiser will report the National Federations of the accommodation and nutrition conditions three months prior to the date of the world championship. The report must include the information regarding the level of the hotels (minimum three). To provide normal accommodation the hotels shall be of decent level.

The National Federations should pay a fee to the Organising Committee at the rate of 100 (one hundred) EURO for one person per day. This fee covers: hotel requirements – minimum 3 (three) stars + two meals (breakfast & supper), transfer *hotel – competition venue - hotel*. Transfer *airport-hotel-airport* should to be paid additionally by the delegation.

The National Federations must give the official confirmation of the composition of delegation, provide the flight numbers and advise on the necessity of transfer 1 (one) month in advance. The National Federations must pay a participation fee and cost of transfer to the bank account of the Organizing Committee of the competitions by bank transfer according to the invoice issued by the National sambo federation, hosting of the official ESF competition.

The National Federations are responsible before the Organising Committee for breaching of conditions and terms of booking, this responsibility is mentioned in the regulations (official invitation) to host the competition.

In case if the delegation participating in the competition or non-official delegation members arrange their accommodation and meals on their own the National Federation should pay an accreditation fee at the rate of 150 (one hundred and fifty) EURO per person.

The Organising Committee at prior request must provide special nutrition for the event participants with consideration of their national and religious cuisine particularities.

The Organising Committee provides the accommodation in the hotels of minimum 3 (three) stars, two meals (breakfast & supper), transfers *airport/railway station – hotel and back, hotel - competition venue - meeting venue and back* for the ESF President, ESF Secretary General, ESF Chairman of Referee commission, Chief Referee of competition, Chief Secretary and for 20 referees in the European Championships and Cups (or for 10 referees in other official competitions).

11. ESF RESPONSIBILITY

11.1 The ESF responsibility begins from choosing a National federation to be the host of the ESF calendar competition.

11.2 The ESF supports the Organising Committee of the National Federation at preparations of the championship.

The ESF pay 100 EURO for the work of the ESF Chairman of Referee Commission, Chief Referee of competition, Chief Secretary and 50 (fifty) EURO per day for the work 20 referees in the European Championships and European Cups (or of 10 referees in other official competitions).

11.3 The ESF at the suggestion of the Organising Committee approves the design of the awarding attributes (medals, diplomas, cups).

11.4 To control the progress of preparations and to provide practical assistance the sports and technical commission appoints a representative who submits a report to the ESF Executive Committee one year or one year and half before the beginning of the championship.

12. COMPETITION VENUE

12.1 The sports venues for holding the championship shall be of imposing character and shall be big enough to facilitate the provision of all necessary conditions and have no less than 2000 (two thousand) seats for the ESF championships. The hall arrangement shall be as required by the Regulations (**Appendices 13-16**).

12.2 Hygienic requirements for the SAMBO competition venue.

- The daylight factor of the hall shall be not less than 1:6; the artificial light – not less than 500 luxes. The mat shall be lighted from above by the reflected or diffuse light lamps with protective mesh screens.

- At holding the competition indoors the temperature shall be between +15 and +25 degrees C°, the air humidity – not less than 60%. The ventilation shall provide a triple air change per hour.

12.3 The venue for competition and the adjoining territory shall be protected from unauthorised access. There shall be a sufficient amount of seats for the members of the ESF Executive Committee, sports and technical commission, referees, service staff, physicians.

A certain amount of seats shall be reserved for the guests of honour, the President and Secretary General, leaders of the participating National Federation delegations, journalists.

The seats for participants shall be placed as close as possible to the competition area.

It is necessary to provide a possibility of unrestricted movement of the doping control service workers in the competition area.

12.4 To host the ESF championship the sports venue shall have available a warm-up gym in area of minimum 250 square meters.

12.5 Each mat shall be equipped with two electronic indicator boards (**Appendix 17**), best spotted to view all categories, a spare indicator board, a manual indicator board (**Appendix 18**), stop-watches, gongs, etc. that are provided by the organisers in accordance with the FIAS International SAMBO Rules.

12.6 At each mat should be placed one chair for the chief referee deputy. Video cameras are spotted with monitors (tv screen) with diagonal 20 inches for the judges to review the disputable situations of a bout with participation of the Chief Referee or Deputy Chief Referee.

12.7 The organisers provide tables for at least 4 persons nearby each SAMBO mat (head of the mat, timekeeper, technical secretary, indicator board operator). The representatives should be able to work independently from other subjects.

Except tables nearby the mat there shall be organised a central desk for the jury of appeal which is to be equipped with a microphone for announcements. There shall be 2 (two) tables for the physicians located not on the covering angle of the main camera, but within the sight the mats.

A table is necessary at the athletes' entrance for the participants' uniform control in the competition area.

The organisers shall provide special stands or LCD panel for the athletes where the protocols of the course of competitions for different mats will be presented.

12.8 There shall be available lockable cloak rooms, a first aid room, massage tables, premises for recreation of the sports and referee commissions, the referee, a working room for the press, a canteen.

Other information regarding the material and personnel requirements is set forth in the **Appendices 2 and 3**.

12.9 The Chief Referee and the head of the ESF sports commission must (in order to check the availability and workability of the necessary equipment and means of connection) check the readiness for the competition of the premises, equipment and outfit, their compliance with the FIAS International SAMBO Rules, draw a Statement of acceptance of the competition venue and also make sure that the necessary papers are available (**Appendix 4**).

12.10 The organisers must provide in the sports hall seats for the participants, guests, official persons, press and TV representatives. The access to the sports hall is allowed by accreditation only.

13. STANDARD REQUIREMENTS FOR THE COMPETITION AREA AND MATS

13.1 The size of the mat for SAMBO competitions shall be from 11x11 meters to 14x14 meters. The central surface ("working area") of the mat where the bouts are conducted is the circle 6 or 9 meters in diameter. The mat, made of synthetic fabric, shall be smooth and not less than 5 centimetres thick.

The centre of the mat is marked with the circle 1 meter in diameter; the width of bordering line shall make 10 centimetres or 1 meter.

The whole surface of the mat shall be covered with the coverlet made of firm soft fabric or some synthetic material without rough seams. The covering shall be tightly stretched and fastened. The covering shall be disinfected.

Two opposite corners of the mat are marked with red and blue colours (red – to the left of the table, blue – to the right).

13.2 The platform where the mat is placed shall be up to 1 meter wider than the mat on every side. At the competitions, held on three mats, it is recommended to place them tightly to each other within any gaps. The equipment positioning diagram is described in the **Appendix 12**.

13.3 During the competitions, held on the platform, its height shall not exceed 1 meter. The sides of the platform shall have 45° outside incline.

III ORGANISATION OF COMPETITIONS

14. APPLICATIONS FROM PARTICIPANTS

14.1 The national federations participating in the competitions under the ESF auspices shall present the preliminary applications (number of participants) three months prior to the date of competition. The final application (names, weight categories, athletic feats) is presented 10 days prior to the beginning of competition (**Appendix 5**).

14.2 For all age groups, events and gender of participants there is allowed at the ESF championships one contestant for each weight category. At other competitions more than one participant from a country is allowed to take part (in accordance with the Provisions)

14.3 The athletes may only be staged in their claimed weight category.

15. ARRIVAL OF PARTICIPANTS, PRELIMINARIES.

15.1 The information, the booklet and the information desk

Throughout the ESF championship from the moment of the first delegation arrival and down to the very last day of the championship the Organising Committee of the National Federation is to distribute all the central office participants among several hotels where they shall provide all delegations with information that is necessary for the stay and participating in the ESF championship.

The Information stand of the Organising Committee with the representatives shall be organised in the main airports and railroad stations at the time of arrival of the national federations, greet all delegations and provide information regarding further transportation.

The information and application receipt office addresses and telephone numbers are sent to the national federations and the ESF officials at least ten days prior to the championship.

The offices shall be open 24 hours a day at least on the days of arrival of the delegations.

15.2 Registration

The registration of participants is executed in accordance with the diagram set forth in the **Appendix 6**.

The team representative with a set of necessary documents (passport, insurance, FIAS license), receives a queue ticket and waits in a specially designated area.

At first stage the team representative verifies the delegation members against the list from the preliminary application and performs the participants' nationality control (citizenship) according to the submitted passports. If the athletes from this team are not included into the ESF members' electronic database, they are photographed and fill up the questionnaires. The final team list is endorsed by the ESF representative.

Then the team representative pays the necessary ESF fees (or verifies the financial documents), fees to the Organizing Committee of the competition and transfer.

At the next stage the Organising Committee receives money for accreditation, nutrition, accommodation, transfers (in the case of non-payment) and issues the accommodation placement and meal coupons.

The Organising Committee verifies with the representative the propriety of the national flags portrayal and the sounding of the national anthem of the country.

Finally the representative receives accreditations for the whole team and informational materials regarding the ESF championship.

15.3 Accreditation.

For each member of an official group from the national delegations (athlete, coach, representative, physician...) ESF issues an accreditation card during the official registration. This card contains: a surname and a name, a ESF identification number, a photo, a country and additionally for the athletes – a weight category.

This accreditation card is valid throughout the period of official competition and serves for all situations as an athlete's identification document.

15.4 Citizenships (Nationality)

The athletes shall have the same citizenship (or nationality) as the National Federation they represent. Persons appointed by the ESF Executive Committee verify the athletes' citizenships (or nationality) . The proof of the citizenship (or nationality) will be the passport issued by the country the athlete is capped for.

15.5 Insurance and civil responsibility

Each National Federation shall take all responsibility for injuries and medical insurance as well as civil responsibility for their athletes and representatives, including the appointed referees during the ESF championship.

The competition organisers shall provide the insurance of the sports complex where the official competition is to be held.

15.6 Anthems and flags

National federation, participant of the competition, presents anthems (short and full version of it on electronic device) and flag of its country to the Organising Committee, the delegation leaders shall verify the compliance of the attributes presented with their country of origin.

The flags shall be made horizontal, dimensions being 180x120 cm. There shall be available at least 2 (two) flags. For the European Cup stages and European tournaments there shall be more than 2 flags.

15.7 Trainings

The hosting Federation provides training halls and transportation there and back for all the athletes. The time of trainings shall be coordinated between the delegations and included into the programme of trainings.

16. SAMBO UNIFORM CONTROL, PATCHES, ADVERTISING AND MARKING

16.1 Competitor's uniform

16.1.1 Competitor's uniform: SAMBO jacket, SAMBO shoes, SAMBO shorts (**Appendix 7**).

Besides, the females should wear a white t-shirt.

16.1.2 For combat SAMBO competitions, the athletes use additional protective gear (**Appendix 8**):

- SAMBO helmet;
- Gum shield;
- Groin guard (hard);
- Combat SAMBO gloves (hitting-gripping);
- Leg pads covering the front part of the shin and lacing of the SAMBO shoes.

16.1.3 For the official ESF competitions, the whole athlete uniform (SAMBO jacket, SAMBO shoes, SAMBO shorts including outer protective gear) shall be of single colour – red or blue.

16.1.4 For the official ESF competitions it is allowed to use the uniform in accordance with the present Regulations and the FIAS International SAMBO Rules (**Appendix 9**). The uniform size compliance is verified at the uniform control held by referees. The participants of the official ESF competitions have to get a backnumber on their sambo jackets indicating surname and name (no more than 12 letters) as well as the country code (Appendix 7). It is possible to order a backnumber on www.sambobacknumber.com.

16.2 Participant's uniform for opening and awarding ceremonies

Competitors shall appear for the Opening and Awarding ceremonies wearing red SAMBO uniforms.

17. WEIGH-IN

17.1 The object of the weigh-in is to state the correspondence of competitors' weight to the limits of one of the weight categories. A competitor has the right to compete at the given competition only in the weight category stated for him at the weigh-in. A competitor who is late to the weigh-in or misses it is not admitted to the competitions.

17.2 The order and time of weigh-in is stated in the Regulations signed by ESF President and the President of the National federation hosting the event.

During 1 hour before the start of the weigh-in contestants are allowed to get on the scales used for the official weigh-in.

The weigh-in is to be held only once on the eve of the competitions and should last 1 (one) hour. According to the decision of the chief referee of the competitions and the ESF representative as well the weigh-in could be conducted in the exceptional case, and should be finished no later than 2 hours before the beginning of the competitions.

17.3 It is allowed to use several scales during the weigh-in, but for all that the participants of the same weight category should be weighted on the same scales.

17.4 The weigh-in shall be held by referees' team appointed by the Chief Referee including a Deputy Chief referee (one of Mat chairman), a representative of the competition secretariat two referees. The weigh-in shall be held by referees' team appointed by the Chief Referee including a Deputy Chief referee (one of Mat chairman), a representative of the competition secretariat and two referees. The presence of a doctor is necessary during the weigh-in. All referees should wear the uniform and the doctor should wear a doctor's overall. All members of the referees' team at the weigh-in should be the same gender as the athletes (among men should be only men; among women should be only women).

17.5 Before the weigh-in all the competitors shall undergo appearance medical control held by the competition doctor. Competitors shall be weighed in a special room, half-naked: men wearing athletic supporters, women-low-necked swimsuits. The athletes are not allowed to undergo weigh-in if they do not wear any clothes on them.

18. DRAW

18.1. The chief referee of the competition is responsible for the athletes' draw.

18.2 The draw shall be conducted according to the FIAS International SAMBO rules.

19. COURSE OF COMPETITIONS

19.1 The competitions are held in accordance with the Competition Regulations (**Appendix 1**).

19.2 The competitions are held by the unified time regulations (Registration Commission, meeting of the representatives, meeting of the referees, weigh-in, the start of the competitions, conduct of the evening part, Opening and Closing ceremonies).

19.3 Recommended time for conducting of the separate parts of the competition.

- *Registration commission: on the day of the arrival (one day before the start of the competition) – 10:00 to 16:00 (may be possible to start the work of the commission earlier depending on the certain conditions).*
- *Meeting of the referees: 16:00 to 17:00.*

- *Meeting of the representatives: 17:00 to 18:00.*
- *Weigh-in: 18:00 to 19:00 for the participants of the first day of the competition, 15:00 to 16:00 – during the competition.*
- *Draw: Way 1 - during the weigh-in; way 2 - after the weigh-in.*
- *Start of the competitions: 10:00.*
- *Opening Ceremony: 17:30.*
- *The evening part: 18:00.*

19.4 The time for separate parts of the competitions may be changed on agreement with the Head of the ESF sports commission at the regulation creating stage.

20. COMPOSITION OF THE REFEREE BOARD AND SERVING PERSONNEL

20.1 The composition of the Referee Board is appointed by the ESF Referee Commission. The work of the Board is regulated by the FIAS International SAMBO Rules.

20.2 To make the officials' work successful, the organisers must provide the Referee Board with the serving personnel and volunteers according to the FIAS International SAMBO rules.

20.3 The Organising Committee of the competitions has to provide the continuous work of the serving personnel as well as the work of security.

21. CEREMONIES FOR OPENING, AWARDING AND CLOSING OF THE COMPETITIONS

21.1 The Organisers have to prepare the Ceremonial Opening:

- a) The National flags and the tablets with the names of the countries should be organised in the parade facing the main television camera.
- b) The National flag of the country playing host to the competition comes to the parade last.
- c) The Referee Board takes the seats in accordance with distribution to the mats opposite participants.
- d) Under the sounds of the national anthem of the country – organiser its state flag is raised. The ESF flag should be fixed preliminary in the competition venue.
- e) The ESF President officially opens the competitions.

21.2 After the finals in every weight category all the athletes of the given category who won the prize places, uniformed in the SAMBO uniform of red colour, gather in the place defined by the organizers for the awarding ceremony. The volunteers provide the presence of the athletes in the Ceremony and seat them according to their weight categories on the chairs in the award preparations area. The Referee Board takes the seats defined by the organisers.

The announcer pronounces the last name, name, country and after that the athlete stands on the podium according to the place he took. The order of the announcement: the third place (two winners successively), the second place, the winner.

21.3 Two official persons, appointed and informed in advance take part in the awarding ceremony (they are accompanied to the place of ceremony by two volunteers from the awarding group). One of the ceremonial group representatives hands in a medal, the other one – a diploma, flowers and/or gift.

The ESF President together with the President of the host National SAMBO federation shall award the winners in team classification. Presidents of National and guests of honour and sponsors award the winners in individual classification.

Upon the prizes have been presented to appropriate athletes - each corresponding national flag shall be raised, simultaneously with each corresponding national anthem sounding during the ceremony

Upon the last weight category has been awarded the President of ESF declares the events closed. After this, the national flag of the host country together with the flag of ESF shall be drawn down; all must be done to the national anthem of the host country.

The ESF flag shall be forwarded to the delegate of the host National SAMBO Federation, responsible for the next European championship or European championship among youth and juniors, or cup.

22. MEDALS, DIPLOMAS AND PRESENTATION AT THE AWARDING

22.1 The Organising Committee is obliged to prepare awarding attributes for every weight category including:

- a set of medals for every weight category – 1 gold, 1 silver и 2 bronze;
- a set of diplomas (according to the taken places);
- flowers or gifts for the prize-winners (valuable or money prizes could be established by the organisers).

23.2 For evaluation of the results of team championship host organisation is obliged to prepare the Cups for the 1st, 2nd, and 3rd places for each age groups.

23.3 In team competitions it is necessary to foresee the Cups for the 1st, 2nd, and 3rd places.

23. DOPING CONTROL PROCEDURE

23.1 Athletes shall go through a doping test by means of a draw according to the FIAS Anti-doping regulations.

23.2 Those medal winners who are going through the anti-doping control procedure shall, after the awarding ceremony for their weight categories, arrive to a specially assigned place accompanied by a volunteer.

23.3 After the doping-control procedure the organisers shall provide the athletes and their escorts with transportation to their hotels.

IV. MARKETING, ADVERTISING, WORK OF PRESS AND TELEVISION

24. TV-BROADCASTING RIGHTS

24.1 ESF owns exclusive rights for commercial use the Championship coverage by means of the image and (or) sound transmission in any way or using any technologies as well as by means of making a recording of the mentioned transmission and (or) photographing of the events.

24.2 Rights for the Championship coverage may be executed by the third parties only subject to the ESF permissions or written agreements on purchasing the rights in question by the above third parties from the ESF.

24.3 The Championship Organising Committee shall provide the TV-broadcasting of the event in compliance with the ESF television guidance which describes the interrelations between the ESF, the National Federation hosting the event, broadcasting organisation and the TV organisations accredited at the event.

25. PROVISION FOR MASS-MEDIA ACTIVITIES

25.1 The organising committee of the official competition provides all the necessary conditions for the work of mass media representatives according to the ESF mass media guidance.

26. Marketing

26.1 The ESF owns exclusive rights for commercial using the name of the event and its insignia. Marketing of the official competition comprises: distribution of the revenues from the sponsor's advertising (sports hall, territory of the sports complex, city), selling of the goods and souvenir's products with the insignia of the official competition. The ESF and the Organising committee should approve selling of any goods on the territory (inside and outside) of the sports complex of the official competitions.

27. Publicity

The Organising committee realizes the advertising campaign of the competition according to the ESF marketing guidance. Types, volumes and placement of the advertisement of products at the ESF competition are regulated by the official advertising plan of the competition. The advertising plan is an integral part of the contract between the ESF and the national federation hosting the championship. The samples of the official competition sponsors' logos for placing them on the participants' uniform and mats are shown in the drawings from **Appendices 10 and 11**.

ESF

COMPETITION REGULATIONS

1. The Regulations of the Competition, approved by the ESF and the conducting organisation is, along with the FIAS International SAMBO Rules, a basic guidance document for the Referee Board and the participants of the event. Otherwise the Referee Board shall be guided by the FIAS International SAMBO Rules.
2. The Regulation clauses shall be exact and excluding their different interpretations.
3. The Regulation of the Competition contains following sections:
 - the denomination of the competitions;
 - the venue and time of the given competitions;
 - the direction of the competitions (the organisations that head the holding of the competitions);
 - the venue, time and order of the weigh-in of the participants;
 - the venue, time and order of the draw;
 - the venue, time and order of meetings with coaches and representatives of delegations;
 - the venue, time and order of trainings for athletes;
 - the program of the competitions;
 - the place and conditions of teams accommodations (with names and hotel contact information, terms of booking);
 - the participation conditions in the competitions (composition of delegations, conditions of admission for the teams and participants, weight categories, age, classification);
 - the conditions and order of conduct of the competitions;
 - the awarding of winners and prize-winners of the competitions;
 - the order and terms to submit entries for participation in the competitions;
 - the insurance and order of medical services providing for the participants of the competitions;
 - the order and terms of participants accreditation at the competitions;
 - referees;
 - doping-control;
 - financial conditions ;
 - transport (transfer for reception and departure of the delegations, transfer of the participants to the venue and back);
 - visa support;
 - marketing and advertising;
 - additional information;
 - contact information;
4. All the changes and supplements to the regulations of the competitions should be made by the organizers that approved these regulations, but no later than the beginning of the draw with mandatory notification of all the representatives of participating teams or all participants.

LIST
of the quantity of referees and additional personnel
to conduct SAMBO competitions

Denomination of the personnel	Quantity of referees	
	2 mats	3 mats
Referees:		
Chief Referee	1	1
Deputy of chief referee	2	3
Chief secretary	1	1
Deputy of chief secretary	1	2
Referees (head of the mat, arbiter, side referee)	16	24
Additional personnel		
Referee to control the uniform	4	6
Technical secretaries	3	4
Timekeeper	3	4
Screen operator	3	4
Speaker	2	3
Doctor	1	2
Medical attendant	1	2
Administrator	1	1
Volunteers		
Accompanying of athletes at the arena	8	12
Operators of system of video replays	3	4
Couriers of secretariat	2	3
Chaperone (volunteer of anti-doping service)	9	9
Technical assistant (cleaner of mats)	2	3
Total:	65	88

LIST of the necessary premises and equipment to conduct ESF SAMBO competitions

Organisers have to foresee the following premises in the venue:

In the place of accommodation

- the hall for ESF congress;
- the room for the work of the ESF President and the ESF Executive Committee;
- the room for the registration commission;
- the room for the weigh-in with a possibility to connect a computer and electronic scales (in the first day of the competitions);
- the room to control the weight with a possibility to connect a computer and electronic scales (all period of the competitions);
- press-centre with fax, telephone, copying equipment and available internet connection;
- the room for the work of the ESF staff;

At the competition venue

- the room for referees (separate ones for the Chief Referee and his deputies and secretary);
- the dress-rooms with the keys, lavatories and showers for participants (men and women);
- the room for emergency care
- the room for massage;
- the press-centre with fax, telephone, copying equipment and available internet connection;
- the room for the interview;
- the room for the weigh-in with a possibility to connect a computer and electronic scales (men women);
- the warm-up hall;
- the dress-rooms for referees;
- the room for the work of TV group;
- the room to rest for ESF President and ESF Executive Committee members;
- the room for the work of anti-doping service;
- the room for the work of the ESF staff

STATEMENT
of the formal acceptance of SAMBO competitions venue

_____ 20 ____ . city _____

The present document is made by the Chief Referee, the representative of the sports facilities and the doctor verifying that the equipment of the competition venue corresponds (does not correspond) to the requirements of the International SAMBO competitions Rules.

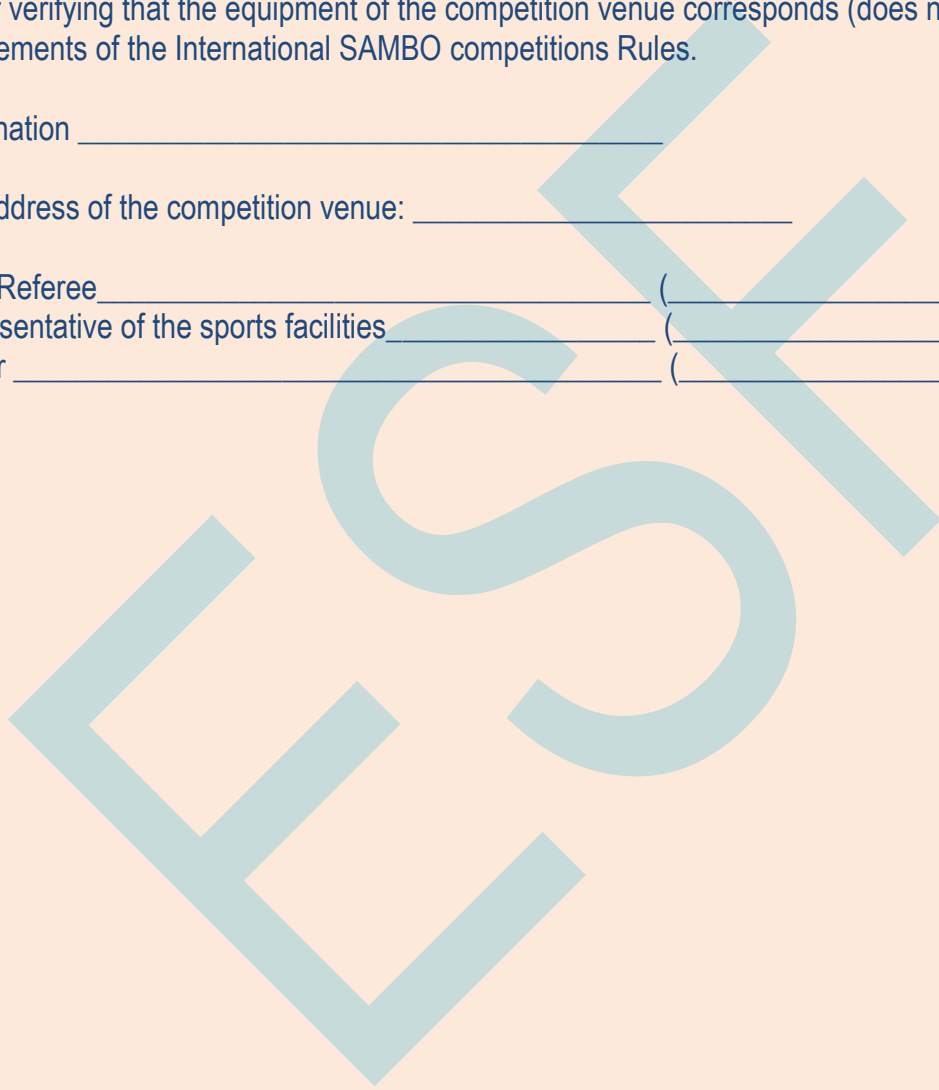
Explanation _____

The address of the competition venue: _____

Chief Referee _____ (_____)

Representative of the sports facilities _____ (_____)

Doctor _____ (_____)



APPLICATION

from the national SAMBO federation _____
 for participation in the SAMBO competitions _____
 from _____ to _____ 20 ____ Country, city: _____

No.	Surname, name	Date of birth	Classification	Weight category	Gender	Passport number
1						
2						
3						
4						
5						
-						
-						
-						

Total allowed taking part in the competitions _____ athletes.

President of the National Federation _____

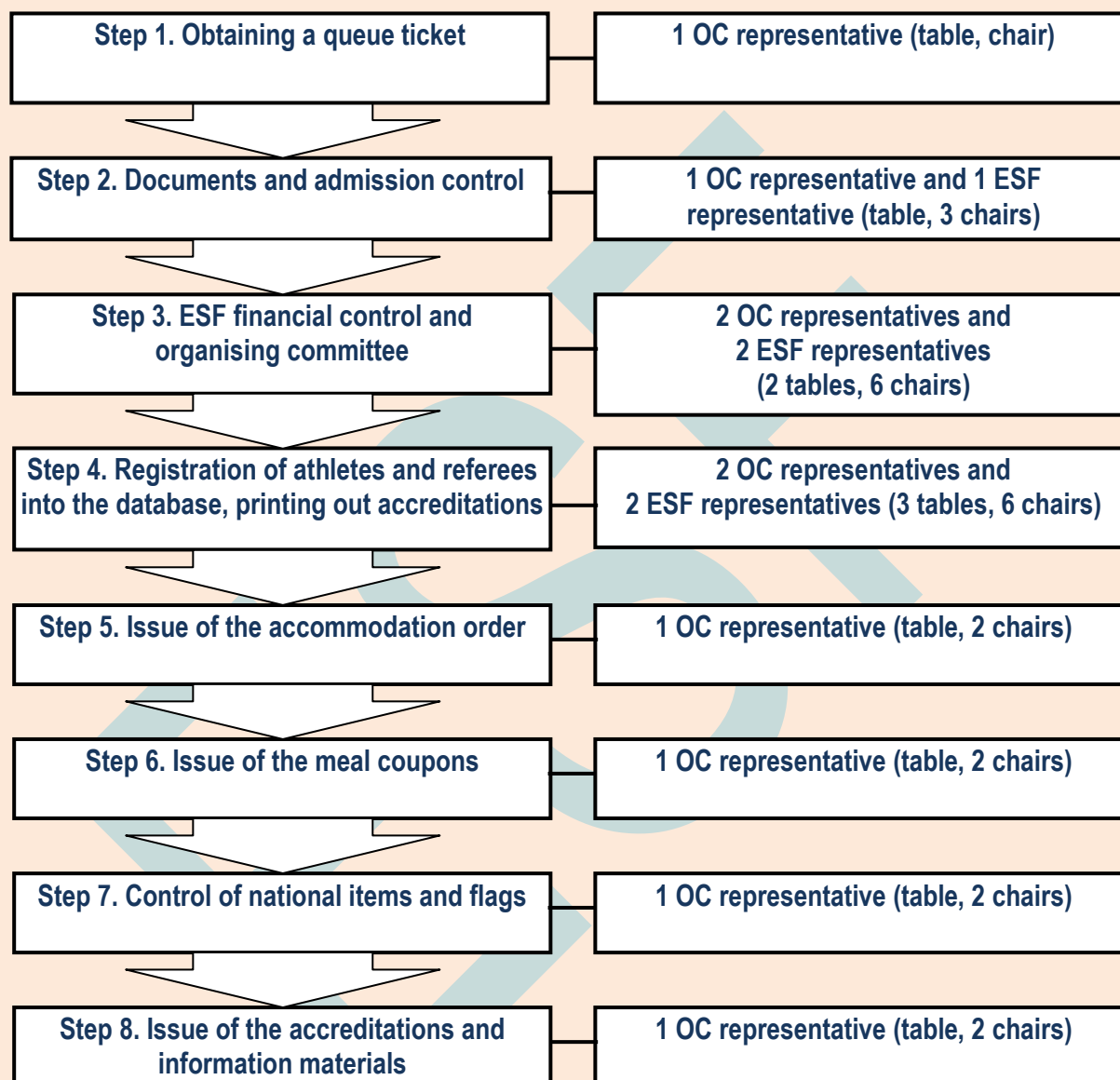
Physician _____

Representative _____

Team coach _____

For Stamp

SCHEME
of organisation of the SAMBO competitors' registration Commission operation



TOTAL (minimum):

Representatives:

- ESF – 5 persons

- OC – 10 persons

Outfit:

- tables - 11

- chairs - 24

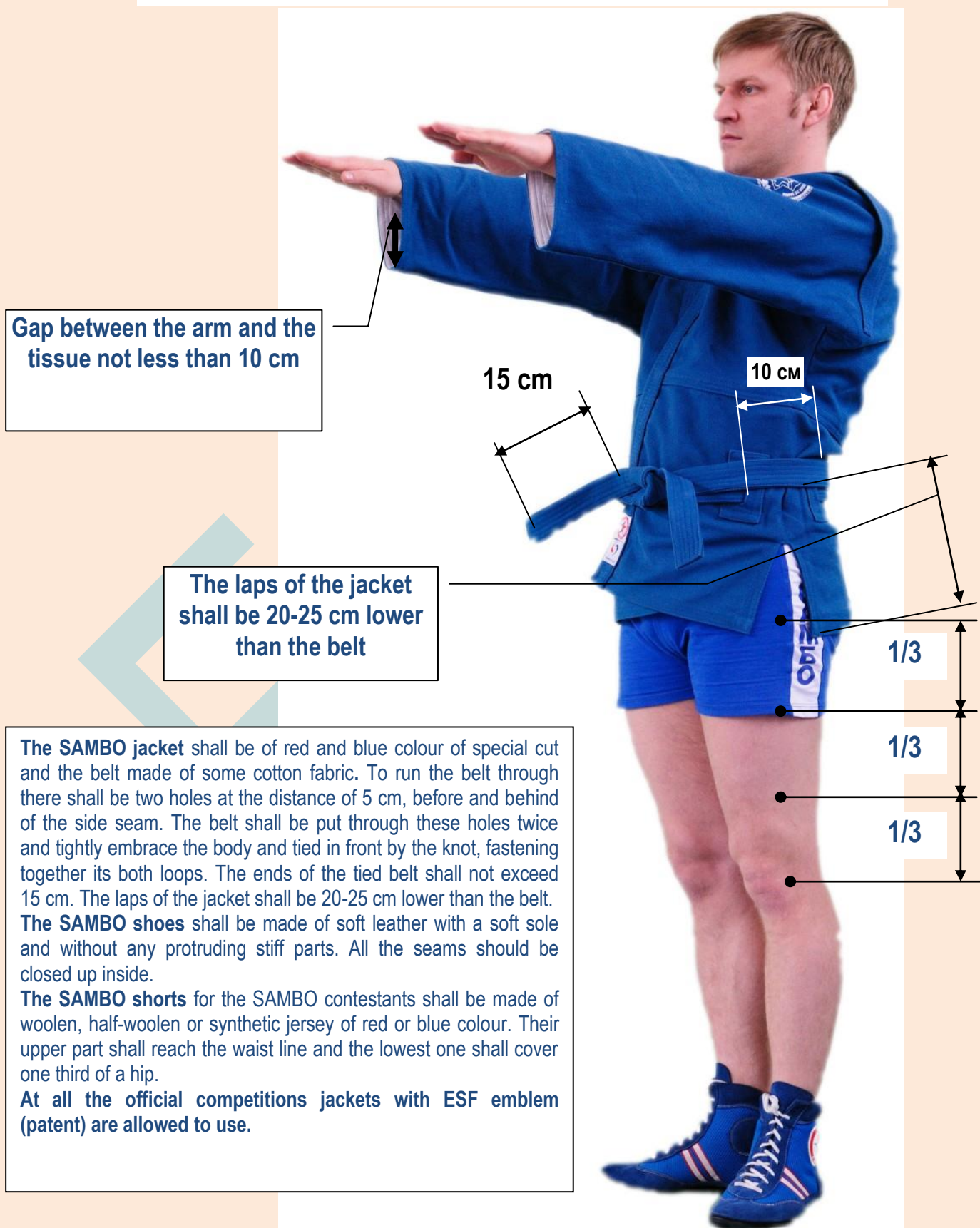
SPORTS SAMBO CONTESTANT'S DRESS



COMBAT SAMBO CONTESTANT'S UNIFORM



SAMBO CONTESTANTS' UNIFORM CONTROL



Gap between the arm and the tissue not less than 10 cm

The laps of the jacket shall be 20-25 cm lower than the belt

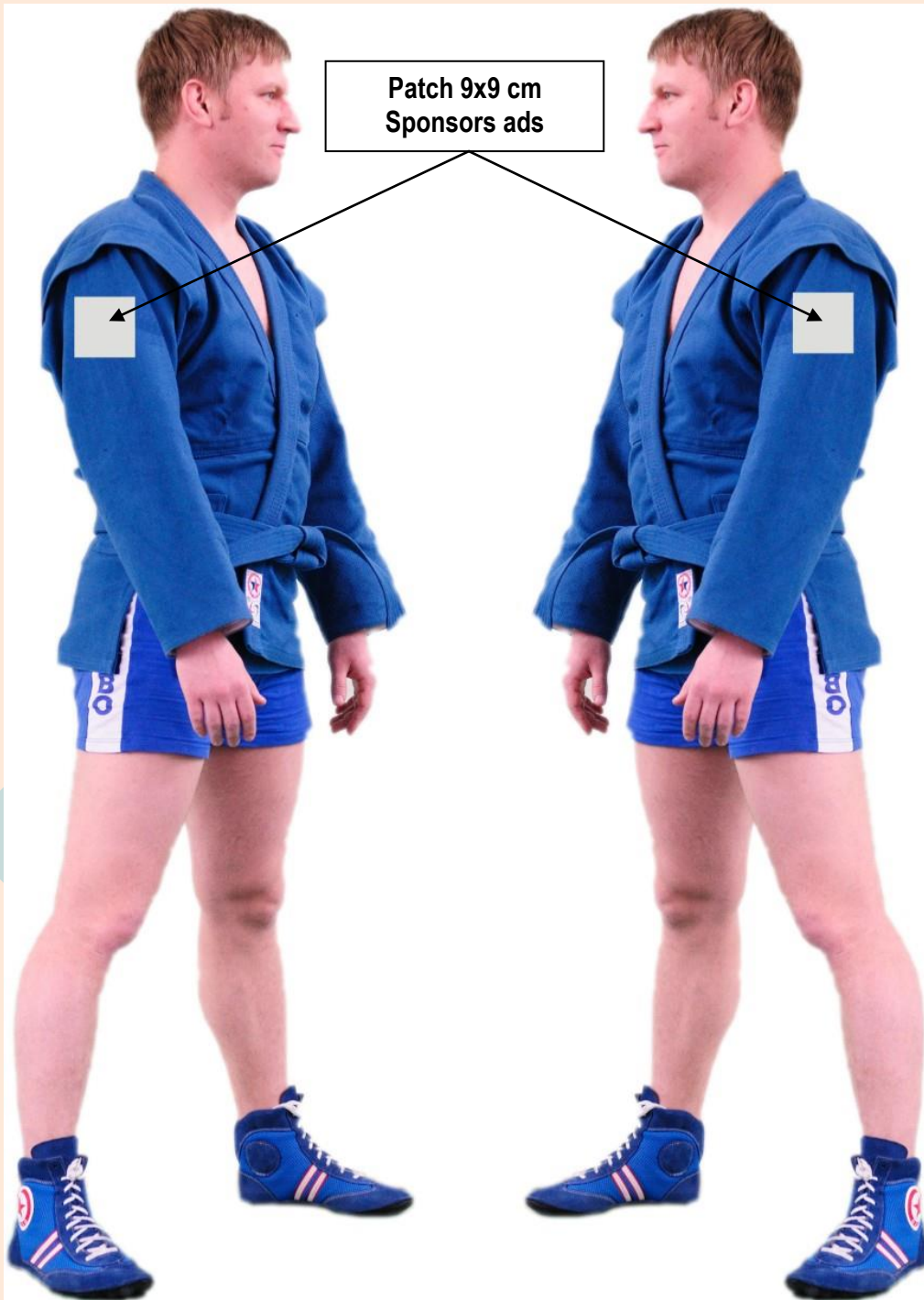
The SAMBO jacket shall be of red and blue colour of special cut and the belt made of some cotton fabric. To run the belt through there shall be two holes at the distance of 5 cm, before and behind of the side seam. The belt shall be put through these holes twice and tightly embrace the body and tied in front by the knot, fastening together its both loops. The ends of the tied belt shall not exceed 15 cm. The laps of the jacket shall be 20-25 cm lower than the belt.

The SAMBO shoes shall be made of soft leather with a soft sole and without any protruding stiff parts. All the seams should be closed up inside.

The SAMBO shorts for the SAMBO contestants shall be made of woolen, half-woolen or synthetic jersey of red or blue colour. Their upper part shall reach the waist line and the lowest one shall cover one third of a hip.

At all the official competitions jackets with ESF emblem (patent) are allowed to use.

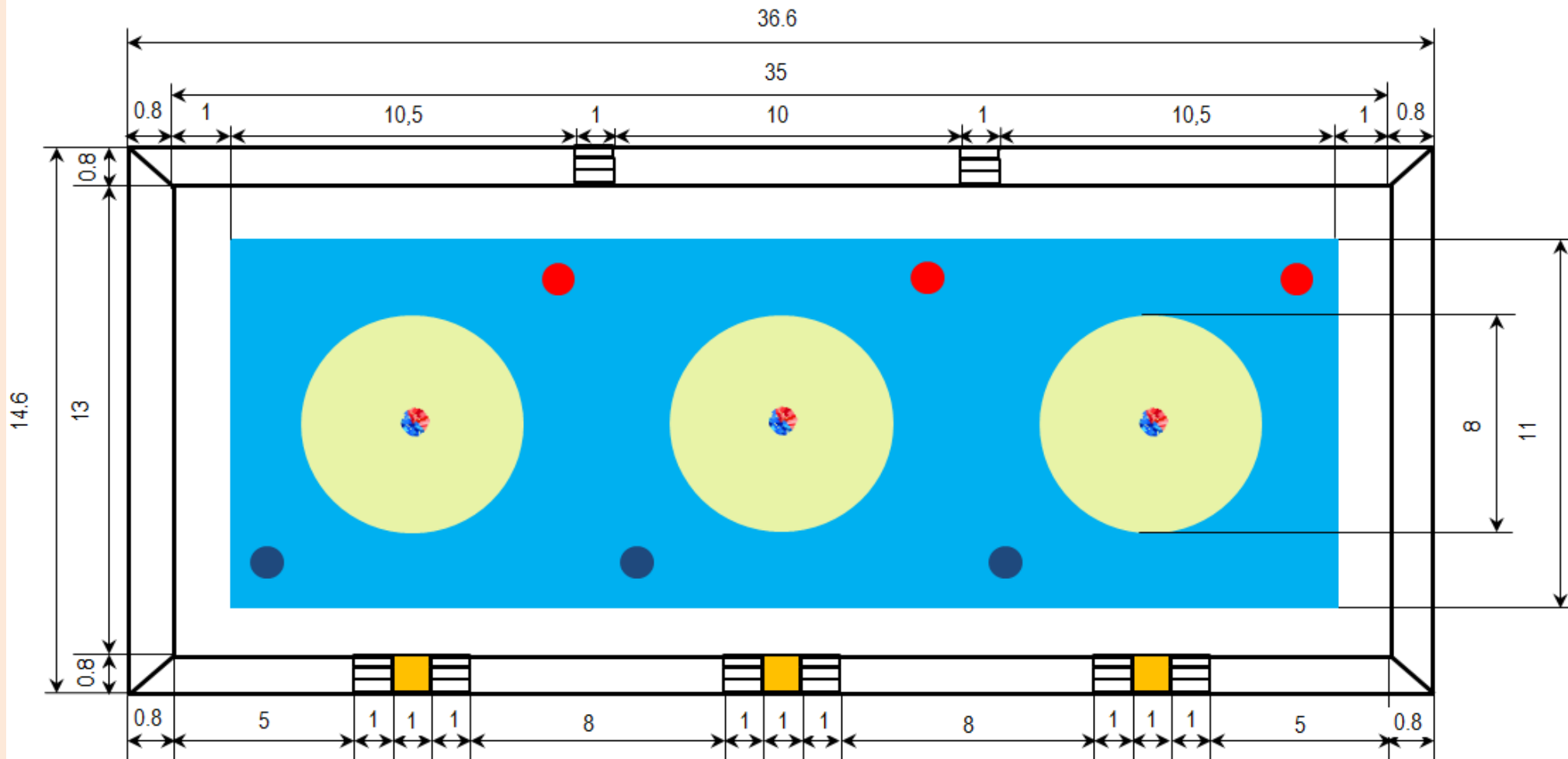
ADVERTISING PATCHES ON THE CONTESTANTS' SAMBO JACKETS

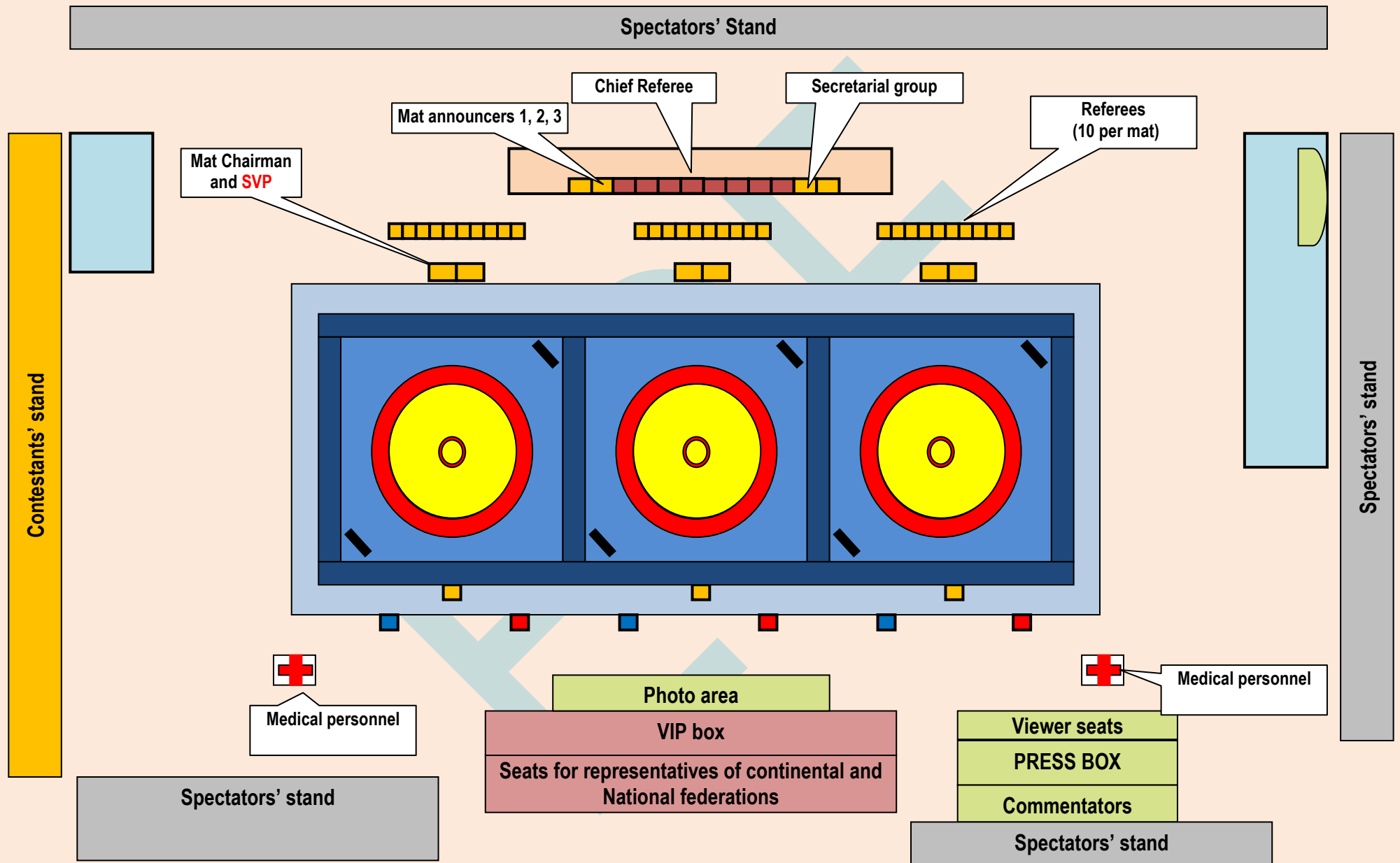


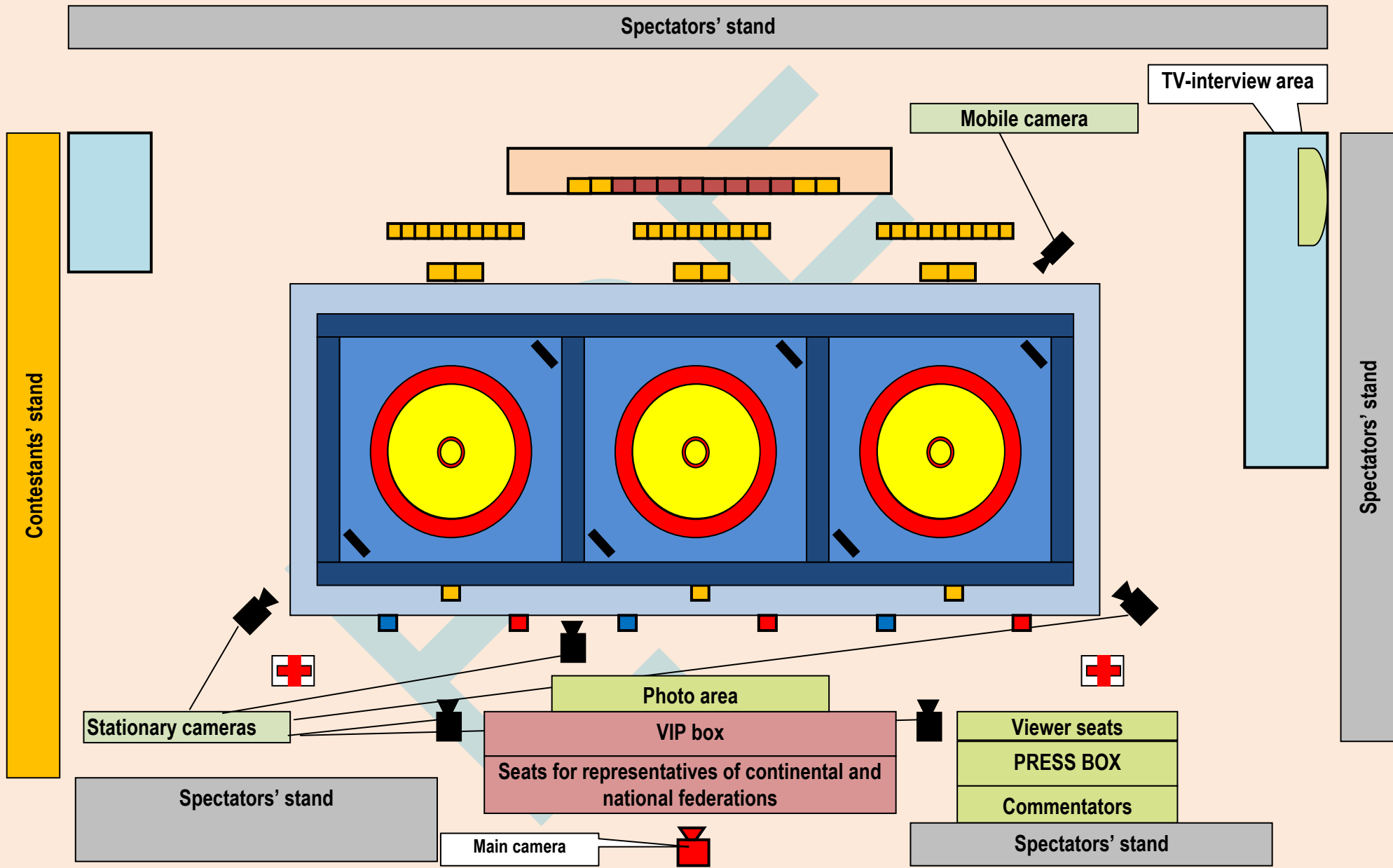
THE SIZE AND DESIGN OF PATCHES FOR THE SAMBO JACKETS



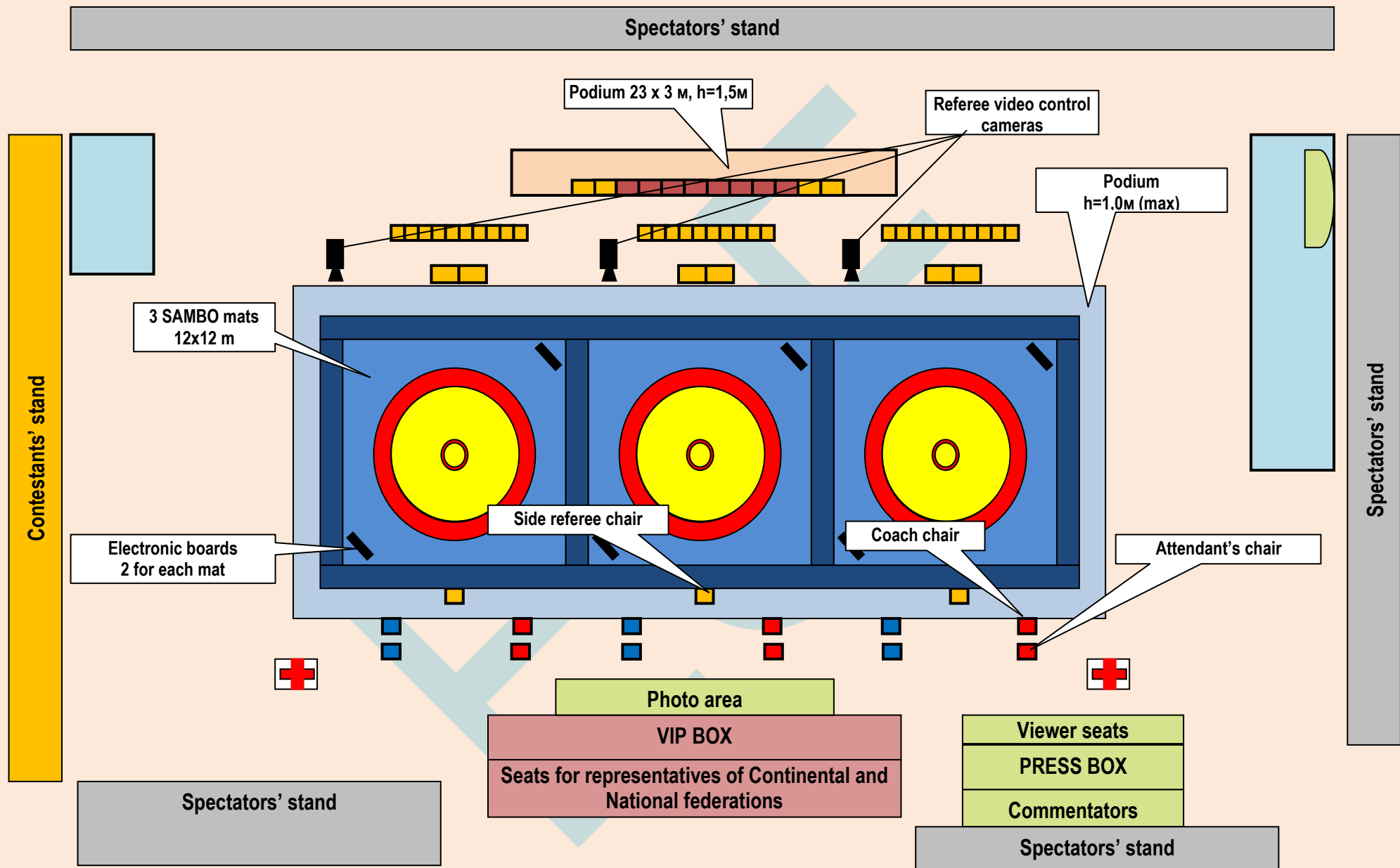
THE SIZE OF PLATFORM FOR THE MATS



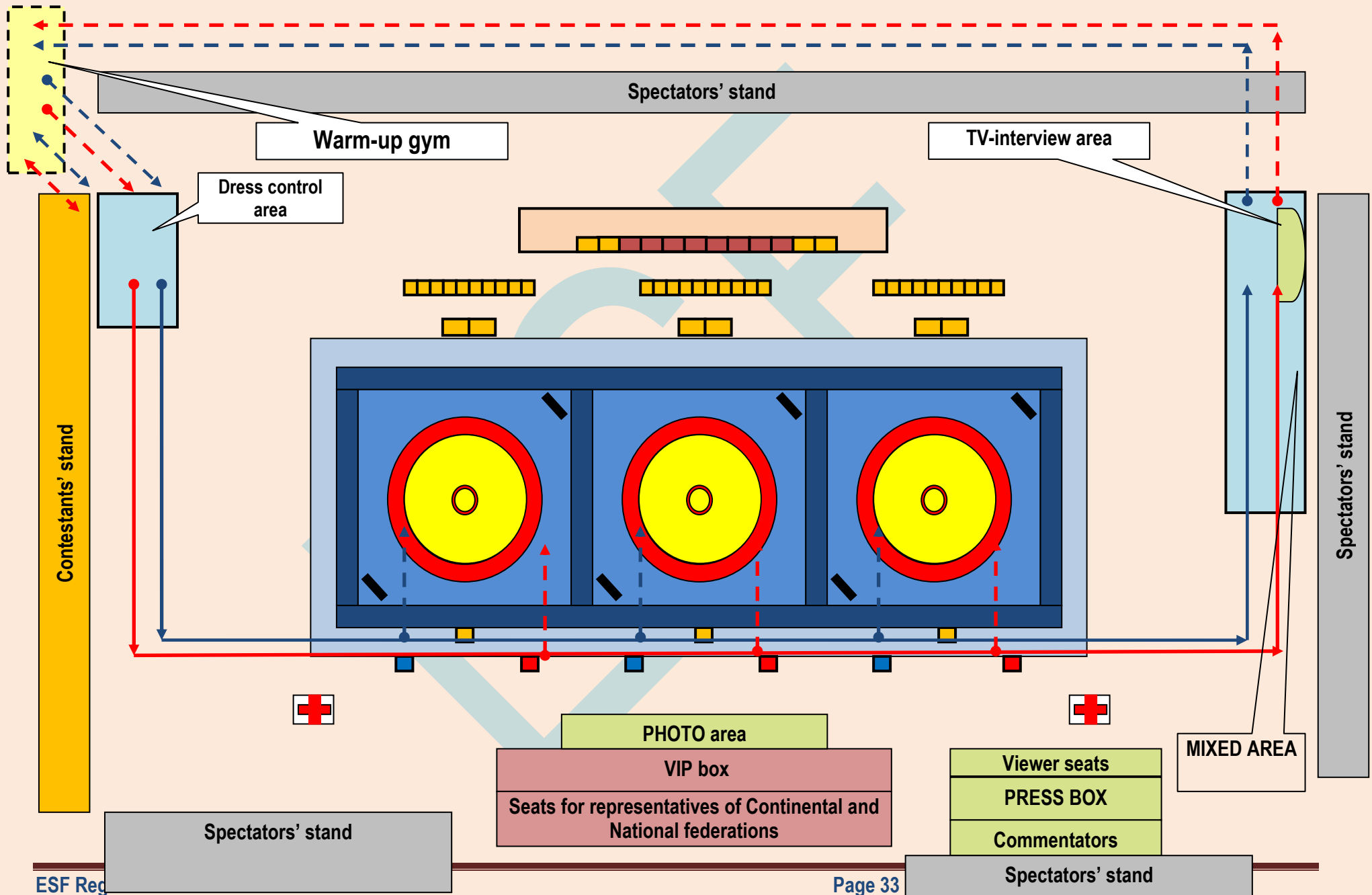




SCHEME OF TV CAMERA POSITIONS IN THE SAMBO COMPETITION AREA



SCHEME OF INVENTORY AND SAMBO COMPETITION AREA EQUIPMENT



SCHEME OF ATHLETES' MOVEMENT IN THE SAMBO COMPETITION AREA

IVANOV I.  RUS	1	A3	12
+100 kg	1:49		
BLR 	3	A2	4
PETROV A.			+ 1:37

EXTERNAL VIEW OF THE MANUAL INDICATOR PANEL

