



European SAMBO Federation  
President, Sergey ELISEEV

**REGULATIONS**  
**of the European Championship in sports and combat SAMBO among adults,**  
**KAZAN (Russia) , 12<sup>th</sup>-16<sup>th</sup> May 2016**

**1. General terms.**

1.1 The European Sambo Championship is to be held in compliance with FIAS Sambo rules and the EFS Regulations.

1.2 The European Sambo Championship is to be held to popularize and develop sambo in Europe and strengthen international sports relations.

**2. Date and venue.**

2.1 The competition will take place within May 12-16 2016 in Kazan, Russia.

2.2 Place of competition: the Palace of Martial Arts «**Ak Bars**», address: 421001, Kazan, pr. F. Amirkhan, 1G

2.3 Place of accommodation: **Hotel Riviera** for the presidents, SecGen, appointed referees;  
**Athletes' village** for the heads of the delegations, coaches and athletes.

**3. Terms of participation.**

3.1 National sambo federations affiliated to the European Sambo Federation have a right to take part in the European Sambo Championship among adults, which duly paid the ESF annual membership fee.

**3.2 Official delegation:**

President/Representative – 1

Coaches – 7

Athletes – 27 (one per each weight category)

Doctors - 2

Masseur - 1

Referees - 6

**Total: 45**

A) The final application forms with the number of participants should be sent to the Championship Organizing Committee no later than April 12, 2016 in accordance with annex № 1.

B) The Championship Organizing Committee are to provide with visa support only those delegations which will provide lists of participants in a timely manner in accordance with annex № 5 no later than April 12th 2016.

C) Applications for accommodation and transfer shall be submitted to the Championship Organizing Committee no later than April 12, 2016 in accordance with annex №2,3,4.

**4. Technical specifications of the European Sambo Championship:**

Weight categories:

- sports sambo (Men): 52, 57, 62, 68, 74, 82, 90, 100, +100 kg;

- sports sambo (women): 48, 52, 56, 60, 64, 68, 72, 80, +80 kg;

- combat sambo: 52, 57, 62, 68, 74, 82, 90, 100, +100 kg.

4.1 Each athlete must undergo a medical examination before leaving the country for the Championship; results of medical examinations should be marked in the SAMBO license.

4.2 The Organizing Committee guarantees first aid to all the participants of sports delegations.

4.3 Team places are defined according to the points in the individual classification.

4.4 All participants, coaches, referees and representatives must have medical insurance.

The presence of insurance will be checked at weigh-in. Without health insurance athletes are not allowed to participate in the Championship.

4.5 All delegations should bring to the competition their national anthem (CD), and 2 national flags (1 X 2 meters).

4.6 The participants of the official ESF competitions have to get a backnumber on their sambo jackets indicating surname and name (max 12 characters), as well as the country code (name of the country). The backnumbers should be ordered on [www.sambobacknumber.com](http://www.sambobacknumber.com)

4.7 Doping controls will be conducted by the Anti-Doping Organization officially recognized by WADA. The selection of the athletes will be carried out in accordance with the FIAS Anti-Doping Rules 2015 which are based on 2015 WADA Code and available at [www.sambo-fias.com](http://www.sambo-fias.com). The selected athletes will be accompanied by a chaperone since the moment when they receive the notice until they arrive to the doping control station. One person according the choice of the athlete (the team physician, trainer and head of delegation) can accompany him/her and observe the doping controls procedure. In the case of which the Organizing Committee does not provide accreditation card with photography the selected athlete is required to provide to the Doping Control Officer a valid passport or identity document with photography. Please consider the possible delay caused by doping control and do not book your return flight ticket immediately after the competition finishes.

## **5. Financial terms and rates**

5.1 The Championship Organizing Committee will provide with accommodation and board (2 times per day) the national sambo federations (athletes and the team representatives) according to the individual quota shared between the national sambo federations.

5.2 The participants of the national sambo federations arriving above fixed individual quota should pay **100 €** per day for each person (accommodation, board) and **20 €** for transfer for each person.

5.3 The heads of delegations should solve all financial issues with the organizing committee in the day of arrival and fulfill all the requirements for accreditation.

5.4 The Organizing Committee will provide and pay for accommodation, board (2 times per day) and transfer for following persons:

The EFS President, EFS Secretary General, the Chairman of the ESF officiating board, Chief referee of the competition, Chief Secretary of the competition and 20 referees (appointed by the ESF panel of referees).

5.5 If the delegation (the participant of competition) or non-official members of the delegation get their accommodation and board independently (without services of the Championship Organizing Committee), in this case the national federation shall pay one-time accreditation fee in the amount of 150 (one hundred fifty) euros for each person to the Championship Organizing Committee.

5.6 The admission to the competition is only allowed for the athletes carrying a FIAS license book with registration of FIAS annual license pay 2016. Athletes who came to take part in the Championship and failed to pay the annual license in due time should pay the annual license (25 USD) on the site. Athletes who do not carry a license book with them could pay for it at the rate of 10 USD on the site.

## **6. Awarding of winners**

Prize winners shall be awarded medals, diplomas and gifts.

## **7. Official ceremonies**

7.1 Competitors participate in the official ceremonies of the European Championship in red jackets.

7.2 The national anthem should be played and the national flag should be raised in honor of the winners.

7.3 The representatives of the national sambo federations will be admitted to the VIP area in official clothing corresponding clothing, sportswear will be restricted.

The Championship Organizing Committee:

tel :+7 (495) 725-46-83 – application forms and visa support Nadezhda Kushova

tel: +7 (925) 731-42-92 – technical organisation Maxim Neganov

The application forms (1,2,3,4,5) should be send to the following e-mails:

[sambo\\_euro2016@dspkazan.com](mailto:sambo_euro2016@dspkazan.com), [eurosambo@gmail.com](mailto:eurosambo@gmail.com)

The final application form for the athletes' registration according to the weight categories should be additionally sent to the secretary of the Championship [rafis\\_perm@mail.ru](mailto:rafis_perm@mail.ru) no later than *April 12, 2016* in accordance with annex №1.

<b>PROGRAMME</b>			
<b>European Sambo Championships (senior's sports and combat sambo)</b>			
<b>May 12-16, Kazan (Russia)</b>			
<b>Date</b>	<b>Time</b>	<b>Programme</b>	<b>Venue</b>
<b>May 12</b>	09.00-19.00	Trainings*	Ak Bars Martial Arts Palace*
	10.00-16.00	Delegations arrival, mandatory commission, accreditation, check-in	Ak Bars Martial Arts Palace
	16.00-17.00	Judges meeting	Ak Bars Martial Arts Palace
	17.00-18.00	Team officials and coaches meeting	Ak Bars Martial Arts Palace (or Volga Region State Academy of Physical Culture, Sport and Tourism)
	18.00-19.00	Weigh-in: 48, 60, 72 kg (women) 52, 68, 90 kg (men) 57, 74, 100 kg (combat sambo)	
	15.00-17.00	Registration of the Report and Election Congress participants, coffee break	Hotel Conference Hall (Azure Coast)
	17.00-20.00	Report and Election Congress programme	Hotel Conference Hall
<b>May 13</b>	09.00-19.00	Trainings*	Ak Bars Martial Arts Palace*
	12.00	Elimination round: 48, 60, 72 kg (women) 52, 68, 90 kg (men) 57, 74, 100 kg (combat sambo)	Ak Bars Martial Arts Palace
	15.00-16.00	Weigh-in: 52, 64, 80 kg (women) 57, 74, 100 kg (men) 62, 82,+100 kg (combat sambo)	
	<b>18.00-18.30</b>	<b>Opening Ceremony</b>	<b>Ak Bars Martial Arts Palace</b>
	18.45	Finals: 48, 60, 72 kg (women) 52, 68, 90 kg (men) 57, 74, 100 kg (combat sambo) Winners and medalists awarding ceremony	Ak Bars Martial Arts Palace Ak Bars Martial Arts Palace
<b>May 14</b>	09.00-19.00	Trainings*	Ak Bars Martial Arts Palace*
	<b>10:00-11:00</b>	<b>FIAS Seminar: "Anti-doping education"</b>	<b>Ak Bars Martial Arts Palace (Press Conference Hall)</b>
	12.00	Elimination round: 52, 64, 80 kg (women) 57, 74, 100 kg (men) 62, 82,+100 kg (combat sambo)	Ak Bars Martial Arts Palace
	15.00-16.00	Weigh-in: 56, 68,+80 kg (women) 62, 82,+100 kg (men) 52, 68, 90 kg (combat sambo)	
	18.00	Finals: 52, 64, 80 kg (women) 57, 74, 100 kg (men) 62, 82,+100 kg (combat sambo) Winners and medallists awarding ceremony	Ak Bars Martial Arts Palace Ak Bars Martial Arts Palace
<b>May 15</b>	09.00-17.00	Trainings*	Ak Bars Martial Arts Palace*
	12.00	Elimination round: 56, 68,+80 kg (women) 62, 82,+100 kg (men) 52, 68, 90 kg (combat sambo)	Ak Bars Martial Arts Palace
	18:00	Finals: 56, 68,+80 kg (women) 62, 82,+100 kg (men) 52, 68, 90 kg (combat sambo) Winners and medallists awarding ceremony	Ak Bars Martial Arts Palace Ak Bars Martial Arts Palace
		<b>Closing Ceremony</b>	<b>Ak Bars Martial Arts Palace</b>
<b>May 16</b>	Throughout the day	Delegations departure	Ak Bars Martial Arts Palace

\* The option to find additional training venue nearby the participants' accommodation facilities is under consideration