

I. Aims and objectives:

- To raise the status and awareness of Sambo in Lithuania and around the world.

II. Time and location:

- The tournament will take place between 20 - 22 May 2021 at the Sports Hall, 297 Vilniaus St., Šiauliai, Lithuania. Accommodation and weigh-in will be held at Sports Hall, 297 Vilniaus St., Šiauliai.

III. Organisers of the competition:

"Atžalynas" Sports Centre, "Mangustas" Sports Club and Lithuanian Sambo Federation.

IV. Weight categories:

Category A, born in 2004 and younger: Boys: 64 kg, 71 kg and 88 kg.

Category B, born in 2006 and younger: Boys: 59 kg, 64 kg and 88kg. Girls: 47 kg and 65 kg.

Category C, born in 2009 and younger: Boys: 42 kg, 50 kg and 59 kg.

Category D, born in 2011 and younger:

Boys: 31 kg, 42 kg, 50 kg and 55 kg. Girls: 37 kg, 47 kg and +55 kg.

Category E, born in 2012 and younger:

Boys: all weights.

V. Programme of the competition:

- The competition will be conducted in accordance with the current International Sambo Regulations.
- weigh-in: from 9:00 AM to 10:00 AM on 21 May;
- Opening ceremony: 11:00 AM on 21 May;
- All participants are required to provide a photo ID at weigh-in;
- Starting fee: €10.

VI. Application:

- Team application forms are required to be certified by a doctor. The application forms are to be emailed to <u>klubas.mangustas1@gmail.com</u> before 18 May 2022.
- Please email us before 10 May 2022 if you require accommodation. Full-board accommodation for 1 person is €30.

VII. Award ceremony:

- The winners of the competition will be awarded with medals and cups.

VIII. Miscellaneous:

- Team expenses relating to the participation at the Tournament are paid by the participating organisation.
- The organisers are not responsible for any injuries suffered during the event.